





"When you wake up, get up. When you get up, do something." Martin Luther King Jr.

R+E Cycles News The newsletter of cycling values!

COMM SMN 3 STO

pair, Second Gear and R+E 's Rental store will We get our hands dirty so that you don't have now be housed in one BIG building, the to. CYCLEPLEX! We've remodeled the building that housed Second Gear and taken advantage for many people. Only this time we have even of 10,000 square feet to bring you the best in better deals. We'll be offering a more streamservice, selection and VALUE.

MOUNTAIN BIKE SPECIALISTS will be coming in even more frequently. Shorts, tights, showcasing the new line of FISHER bicycles gloves, jerseys, jackets, headbands, caps, as well as the new 1994 BRIDGESTONE and socks, packs, helmets and more. And If you MONGOOSE bicycles. We'll have hand built wear "extra small" this is the only place frames by RODRIGUEZ, FAT CHANCE, and you'll ever want to shop. Come by and find SALSA. MOUNTAIN CYCLES' double sus- out why. pension bicycle is the talk of the mountain bike magazines and you'll be able to test ride one at \$TO SAVE YOU MORE MONEY\$ 2nd Gear Mountain Bike Specialists. Our new space keeps prices low by: will allow us to carry a complete selection of

books, pick up a copy of our wheel building menu, or schedule a service appointment. We

do frame repair and alignment and offer a

complete repaint service. Seattle Bike Repair

offers the most professional repair by experi-

shoes, clothing and accessories. Come check it out, you'll see why it's the "natural" mountain bike

store.

'Service has always been our specialty and now we can provide it in a facility that's fun and exciting to visit!"

Mountain Bike Specialists, Seattle Bike Re- enced mechanics using professional tools.

SECOND GEAR RETURNS. Magic words lined selection, however we'll have a higher turnover rate of inventory with new bargains

- *Purchasing factory over runs
- *Purchasing discontinued styles
- *Minimal sales staff and no phone service

SEATTLE BIKE REPAIR thanks BOEING The CYCLEPLEX will also have a complete for its decor. Service has always been our classroom (blackboard and all!), a library, a specialty and now we can provide it in a facility well kept bulletin board, used bikes and up to that is fun and exciting to visit. Browse through date information on current rides and races. our complete tool selection, peruse our repair We look forward to seeing you!

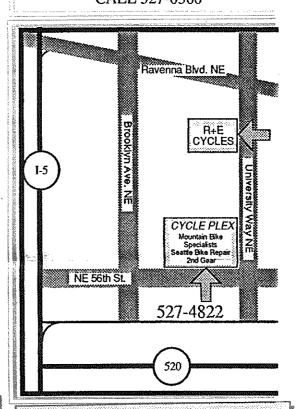
> **IMPORTANT** CANNONDALE RECALL NOTICE! SODEAGDS

STORE HOURS

R+E / MBS 12 TO 8 M-F **9 TO 6 ON SAT** 11 TO 5 SUN

CALL 527-4822

SEATTLE BIKE REPAIR **10 TO 7 MON - FRI** 9 TO 6 SATURDAY 11 TO 5 SUNDAY CALL 527-0360



5627 UNIVERSITY WAY NE 206-527-4822



R+E CYCLES HAS CLASS

We are expanding our roster of classes to include me riding instruction as well as repair classes. One of te most common topics we are asked about is the " We can fix any bike, ibject of tandem riding. There are many impossible just takes yths and misconceptions about the port of tandem riding and we'd like to longer!"

10w you how easy and fun it can be nce you know the tricks and tips.

Our tandem riding classes will inassroom information and then everyone will have an our to ride with one of our instructors as well as their losen partner or another class member. You'll get a nance to ride in both the captain (if you want) and stoker eats, even if that won't be your customary position in the ture. Bring your riding clothes, your questions and a lot enthusiasm.

We have also designed a course for folks who are ew to mountain bike riding. Let us teach you how to ear roots, limbs, logs and rocks safely and easily. This ass will take place in the park so that you can get a real ands on lesson.

How do you put all of your necessary possessions 1 your bicycle and go away for a few days, or weeks? /e'll teach you some techniques for bicycle touring that

you normally only learn after you've done it the hard way a few times. Make it easy on yourself. Spend 2 hours with us on a Saturday morning and we'll teach you everything you'll want to know about the differences in panniers, efficient ways to make use of your limited space, how to keep your tent from getting moldy and other tips on how to turn your bicycle into a

complete RV.

Last but not least are the repair classes.In addition to our vast experience teaching classes, we've spent a lot of time talking to the folks who have taken our classes, talked to the

general public about what they'd like in a class and we've even spent time spying on other repair classes. We have tailored our instruction so that you have a small friendly environment for individualized attention. Whether you are learning to change a flat or build a wheel, you'll find that you receive quality instruction that will enable you to achieve your task with ease and confidence.

Upcoming Classes

Call 527-4822 to register

Saturday, January 8

12:00-2:00

If inclement weather please call to confirm

Mountain Biking 101 \$15.00 per person

Saturday, January 15

Saturday, February 5

12:00-2:00

If inclement weather please call to confirm

Touring Classes \$15.00 per person Sunday, January 9

Saturday, February 12

10:00-12:00

Sunday, February 13

Tandem Classes \$15.00 person



REPAIR HOURS ARE MONDAY - FRIDAY 10:00 - 7:00 SATURDAY 9:00 - 6:00 SUNDAY 11:00 - 5:00

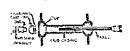
Located in the Cycleplex Seattle 527-0360



Get Your School Supplies Here!

Anybodys Bike Book

Required reading for any major or minor repair.



Save 10% Just \$8.99

(reg. \$9.99) limited to stock on hand

Valid only with coupon. No cash value

Expires January 1, 1994.



Best Value in a high tech lighting system

*Rechargeable 4 hour battery w/charger *Easy to use Quick Release removal *Hi and Low beam Halogen lamp

Buy one with this coupon for only \$74.99, and receive a Union LED tail light FREE! \$10.99 chase, limited to stock on hand) value (special p

Valid only with coupon. No cash value



GIVE US YOUR ANSWER NOW

SAVE \$15.00 with this coupon

2 FOR 1 Tandem Class

Two people attend for the price of one Reg. price \$15.00 per person

Class fee refundable on first tandem rental or purchase

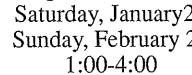
Valid only with coupon. No cash value.

Expires January 1, 1994.

Saturday, January22

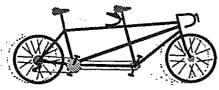
Sunday, February 20

Wheel Building Classes \$45.00 per person





TANDEM RIDERS ARE N.U.T.S.



NORTHWEST UNOFFICIAL TANDEM SOCIETY

R+E Cycles has specialized in tandems since 1973, and now we're the new headquarters for the Northwest Unofficial Tandem Society (The largest group of organized tandem riders in the Northwest). R+E is your source for what's happening in the sport of tandem riding! We are hosting monthly tandem rides with three loops to accommodate all riders; including kid backs, tandems with trailers, as well as "go fast" teams. Upcoming rides will be Saturdays, January 22 and February 19. We will leave R+E at 10:00AM and return at 1:00PM for cake and beverages.

Come in to R+E, or call us at 527-4822, and sign up to be a N.U.T.

IMPORTANT NOTICE TO CANNONDALE OWNERS!!

If you own one of the following Cannondale bicycles, it is subject to a recall because of a defective fork:

1992 M2000, M1000, M800, M700 1993 M2000, M1000, M800, M700 M700 police

The Aluminum Steering tubes may develop cracks in th steering tube, hidden from view. Cracks could result in th separation of the fork and loss of control of the bicycle with attendant risk of physical injury to the rider.

STOP USING THE BIKE IMMEDIATELY and bring the bike in for replacement of any aluminum steering tube equipped "Pepperoni" fork.





"CHAIN SHINE MR.?"

Save \$4.00 when you purchase a Park chain cleaner and the solvent as a package for just \$25.00.

Limited to stock on hand

Valid only with coupon. Not remdeamable for cash.

Expires January 1, 199



Sign me up to be a N.U.T.

Bring in this form filled out to sign up for NUTS.

Name_

Address_

city, state, zip



BUY SAVE MONEY
TIME EQUIPE SHOES

regular \$189.99

Now Just \$124.99

Supply is limited

Valid only with coupon. No cash value.

Expires January 1, 1994



BE SAFE AND LEGAL

They can't say they didn't see you....

Cat Eye Rear Tail light

JUST \$3.99
Regular \$7.99

Valid only with coupon. No cash value



Expires January 1, 1994



WHICH WAY DID

THEY GO?!

Locate a great buy on a wrist compass at R+E.

Buy any pair of gloves, and get a

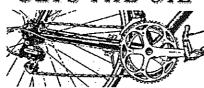
Trail Compass FREE Save \$6.00

Limited to stock on hand

Expires January 1, 1994



'THE SQUEAKY CHAIN GETS THE OIL'



With this coupon we'll check your chain for wear, and oil it for FREE WHILE YOU WAIT

Valid only with coupon. No cash value.

Expires January 1, 1994.



No more unsightly stains.

Save \$5.00 on a pair of Clip or.

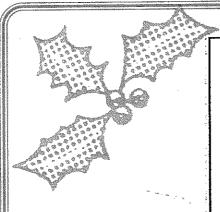
Fenders for Mountain or Road bike:

Just \$14.99 pr. (reg. \$19.99)

Valid only with coupon. No cash value. Expires January 1, 199

FREE DELIVERY for orders over \$15.00!

Page 3 PHONE ORDERS GLADLY ACCEPTED 206-527-4822



This Holiday season, let R FREE with any purcha We gladly accept phone order ing this symbol and we

WHAT TO BL

GIFT IDEAS FOR THE MOUNTAIN BIKER 95-270 160-240

15

20

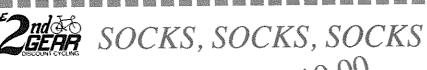
75

125

REFLECTIVE TAPE FLASHING REAR LIGHT ANTI-PUNCTURE INNERI TOE CLIP COVERS MULTI TOOL-COMPACT / CLEAR GLASSES BOOTIES FOLDING BASKETS(COR MESSENGER BAG GARMENT BAG PANNIER

FOR

MULTI TOOL-COMPACT 12 WASHINGTON ROAD ATLAS "ON THE ROAD REPAIR CLA PADDED GLOVES **GEL SADDLE** RACK PACK OR HANDLEB! **OAKLEY GLASSES**



MOUNTAIN BIKE CALANDER

ATI SHOCK BOOTS

CYTOMAX

KNICKERS

MOUNTAIN BIKE GUIDE BOOKS

ONZA CLIPLESS PEDALS

ALSOP SUSPENSION STEM

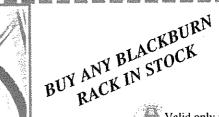
MULTI TOOL-COMPACT (12 tools in one)

NITE RIDER LIGHTING SYSTEMS

4 PAIR FOR \$10.00 What more can we say? Hurry they're sellin' fast! SR Prism socks reg. \$8 pr.

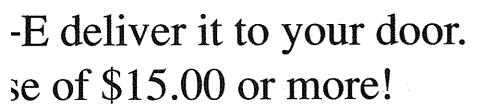
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Expires January 1, 1994.

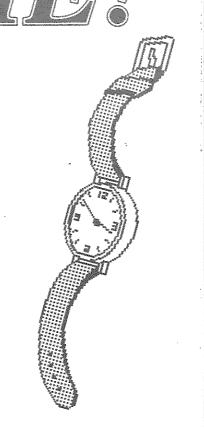




TOUR MILE



3. Mention any coupon bearwill honor the holiday price.



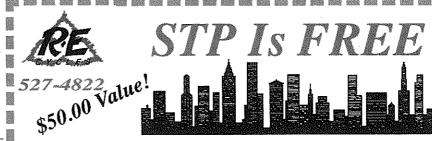
YA COMMUTER

	\$4.00
and the second of the second o	5-17
JBES	10
	12
2 TOOLS IN ONE)	15
	20
	30-50
URA	40
	70
	100

AND FOR THE CYCLIST WHO THINKS THEY HAVE IT ALL TOE CLIP COVERS A POWER BAR GIFT PACKAGE (INCLUDES AT SHIRT) FLOORPUMP WORKSTAND A NEW PAINT JOB FOR THEIR FRAME FREESTANDING STORAGE RACK (functional and decorative) \$12 A GIFT CERTIFICATE · THE SKY IS THE LIMIT 22 50-60 100

'HE STP RIDER

OLS IN ONE	\$15
written for cyclists	15
S" GIFT CERTIFICATE	20
	20-40
	20-40
BAG	35-75
	55-140



When you purchase a bicycle from us, we'll pay for your STP registration (not including accomodations or transportaion) Not valid with any other offer

Valid only with coupon. No cash value.

150

160



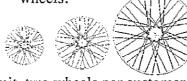
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Expires January 1, 1994.



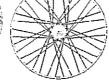
'Deals On Wheels

Bring in your old wheel(s) and we'll give you \$10.00 credit towards one of our Hand Built



Limit, two wheels per customer.

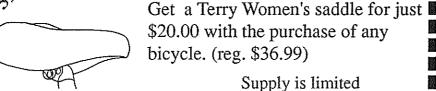
Valid only with coupon. Not remdeamable for cash. Expires January 1, 1994



M

PAIN IN THE BUTT

" For the pain that dare not speak it's name"



Valid only with coupon. No cash value.

Expires January 1, 1994



Do You Love Your Child?

Save 25% on a Rhode Gear Kid's helmet! Just \$29.99



(reg. \$39.99)

Valid only with coupon. No cash value.

"Standard" (sandblast, primer, color and clear)

PAINT PRICES

Quick" (sandblast, primer & color)

\$110.00

\$149.99

Color choices: Black #9300, White #882, Red #72060, Yellow #81746, Blue #15008, Light Blue #13588, Blck Metallic #9485, Silver Metallic #33731, Red Metallic #72614, Blue Metallic #15798, Green Metallic #45799

	, r	4 11 - 11 - 11		
rep options:		600.00		
Simple Putty		\$20.00		
Light Corros		\$40.00		
"Old World Craftsmanship"		\$40.00		
Strip old pwo	Strip old pwder coat			
aint Options:				
	Extra Colors (each)			
	Radiance Colors (add to package price)		\$40.00	
Pearl	, , ,	\$20.00		
Flake		\$20.00		
Flattening Ag	gent	\$10.00		
	s (plus cost of decals)Dry Transfer	\$16.00		
rr J	Water Slip			
	Name on top tube		er	
	Other			
Vreeble (blac	ck only)			
	• • • • • • • • • • • • • • • • • • • •			
Masking -		\$10.00		
	Chrome Chainstay (each)			
	"Straight Line" Design			
	Misc. Design			
	Fork Crown			
	Head Lugs* (pair)			
	Scat Lug*			
	Bottom Bracket*	⊅∠o.UU		

Accessories - (painting only)	• • • • • • • •
Pump	\$20.00
Stem (non suspension)	
Fenders	\$50.00pair
Suspension fork	\$20.00

IS YOUR BICYCLE STRAIGHT?

We know that it is winter and your bicycle is probably in the closet; get it out...and find out. A frame that is out of alignment can cause a number of problems:

1. It may not steer properly.

2. The frame may cause you to make subtle, unconscious changes to your riding style to accommodate the fault. This can affect your performance and efficiency.

3. Misalignment may affect your chain line and drivetrain in such a way as to cause excessive wear and decreased performance.

R+E's custom frame shop, home of RODRIGUEZ custom frames, features a state of the art Italian alignment table. Our pneumatic, electromagnetic table has a top that is precision ground to a .005mm tolerance, assuring you a perfect alignment that is not achievable by traditional repair shop methods. The table alignment procedure actually aligns the bottom bracket with the same plane of the rest of the tubes. An ordinary alignment merely aligns the rear triangle with the head tube.

After disassembling your bicycle down to the frame and fork we place them on our alignment tables and cold set them to the proper measurements. Afterwards your bicycle is reassembled. In this manner your bicycle also gets a complete overhaul.

How do you know if your frame needs alignment??

Simply bring it in to SEATTLE BIKE REPAIR and we will perform a preliminary alignment check at no charge.

WE INVITE YOU TO JOIN US

THE BIRTH OF A BICYCLE

We will be hosting a "TOUR OF THE FRAME SHOP" evening. You'll have a chance to get behind the scenes and actually watch the building and brazing of a frame. Our. frame builders and painter will be on hand to explain the processes and ask any questions you may have. The space is limited so you will need to RSVP in advance. Please do Thursdays January 13 and 20 7:00-8:30 pm LEVE

so at 527-4822.



Limited to First 10 customers Valid only with coupon. No cash value.

* Paint jobs start at \$109.99 Expires January 31, 1994.

R+E CYCLES RECYCLES



HELP SAVE PLANET

AND SAVE SOME MONEY

You no longer need to toss those old tires and inner tubes away to have them merely rot in a landfill. R+E CYCLES has contracted with a rubber manufacturer who will recycle our old rubber products by grinding them up to reuse them for floor coverings.

We will offer you fifty cents off the purchase of a new tire or tube when you turn in an old inner tire or

One more reason for you to shop at R+E CYCLES.

FREE HELMETS!

R+E has purchased a new selection of test ride helmets and we are looking to offer our used test ride helmets to a non-profit organization that would find them of use. If you know of a group that would be interested in acquiring these helmets, please contact Estelle at 527-4822. First come, first served.

NEW FOR 1994 CO-MOTION TANDEMS



Tandems are R+E's specialty. We are always watching and analyzing the new designs that occur in the tandem market. Comfort and handling are the 2 characteristics that we feel are the most important concerns when examining a tandem frame. Co-Motion, based

in Eugene, Oregon has some hot tandems that fill the needs and demands of most Northwest riders.

Many tandems address the issue of torsional rigidity by using over size and heavy gauge tubing in the rear triangle, sacrificing comfort. Co-Motion's unique tubing specifications and frame design offer a comfortable ride not usually found in production tandems.

If you are considering a tandem, consider a Co Motion.

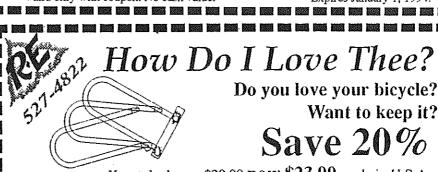


nd Head and Shoulders

Purchase a \$90.00 polar fleece, windfront jacket for only \$45.00 and get a \$10.00 fleece ear warmer FREE!



Valid only with coupon. No cash value.



Do you love your bicycle? Want to keep it? Save 20%

Kryptolock was \$29.99 now \$23.99 made in U.S.A.

Then lock it up with a Kryptonite!

Expires January 1, 1994



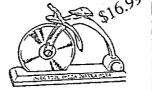
Atlantic Street Pizza

VOTED BEST PIZZA IN SEATTLE BY THE STAFF AT R+E

527-0360

Get a 'buy one get one free' Pizza coupon with the purchase of a Park Pizza Cutter at R+E Cycles. Guaranteed to be a great gift for anyone.

Valid only with coupon. No cash value.



Expires January 1, 1994



WARM AND DRY

MADE IN THE NORTHWEST



Pick up a FREE esspresso from the Mid-City Cafe with the purchase of any Burley Rain jacket or Rain pants.



Valid only with coupon. No cash value.

Expires January 1, 1994

FREE DELIVERY for orders over \$15.00!

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THE INDOOR TRIATHLON WILL BE HELD OUT-DOORS THIS YEAR!!

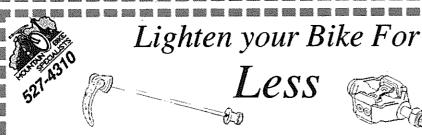
ROW/RIDE/RUN!

R+E's indoor triathlon-10 minutes on an ergometer, 10 minutes on a RacerMate Compu Trainer and 10 minutes on a treadmill- will be held at the Seattle bicycle Expo on Friday and Saturday February 25 /26. As always, this event is loaded with lots of prizes and lots of fun. Spaces are limited so you need to register in advance. If you would like to receive an application please complete the following and mail it to us at:

> 5627 University Wy NE Seattle, WA 98105 or fax it to us @ 527-8931

Yes, I'd like	e more information about the Indoor	Triathlon
Name:		
Address:		
City, State,	, Zip	
Phone:	a da	
	ANDRES SEGUEN SALARY STATES STATES SALARY STATES SALARY SEGUEN SALARY SA	
	Toe Clip Phob	oia?
	The Toe Clip Alternative	
Si	Ask us about them	

Valid only with coupon. No cash value.



Save 10% on all Titanium in stock!

Bolts/parts/frames etc....Limited to stock on hand

Valid only with coupon. No cash value.

Expires January 1, 1994.



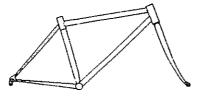
Short and 10

2 only! Specialized M2 frame and fork sets.

16" and 21"

Save \$450.00

Regular \$900.00 Now \$450.00



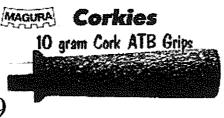
Valid only with coupon. No cash value.

Expires January 1, 1994.

Cork handlebar grips for a Champagne ride

(on a beer budget)

Save 25% On Magura Corkies Reg \$19.99 Holiday Special



Only \$14.99 Valid only with coupon. No cash value.

Expires January 1, 1994.



For comfort or victory

A Ithough new to R+E and Mountain Bike Specialists, our two most recent bike lines for 1994 have been around as long as we have. Gary Fisher Bicycles, a long time innovator in the bicycle industry joins R+E with its complete line of cross, mountain and road bikes, \bigcirc incorporating the latest in material technologies, and Mongoose, whose IBOC line of mountain bikes has been a regular on the podium at NORBA races for years, makes its debut with us in 1994.

It rom top to bottom, the 1994 Fisher bike line reflects the philosophy of head designer Gary Fisher, the acknowledged "father of mountain biking". From the ideal "first mountain bike" to the top of the line Super Caliber (the lightest production mountain bike frame in the industry at 2.84 lbs.), Gary has designed each bike to take advantage of the unique properties of

the frame materials Mongoose cycle industry in that aluminum and carlines, and have efing the perennial cerning material su-Fisher has designed



used. Both Fisher and unique within the bithey incorporate steel, bon fiber frames in their fectively avoided joinmarketing hype conperiority. Remarkably, each model to ride simi-

larly, whether it's an entry level steel frame or lithium aluminum race frame, effectively creating a "Fisher feel" that transcends the line. Fisher has also introduced two race-quality road bikes this year, drawing on Gary's experience as a Cat 1 road racer. 1994 models are already at MBS with more on the way.

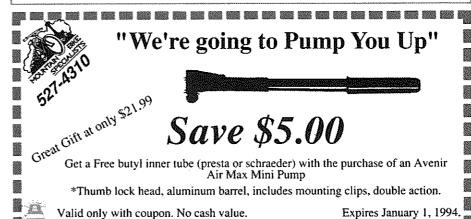
M ongoose 1994 cross, road and mountain bikes will make their debut at R+E the first week of December. Currently, Mongoose is perhaps best known for its AMPlifier mountain bike frame, the only dual-suspension bike ridden in NORBA/Grundig professional events in both cross country and downhill events. R+E will also be carrying the IBOC

tional Bike MONEY WELL SPENT

(Interna-Of Champi-

composite road and mountain bikes, as well as Mongoose cross bikes for those who aspire to a more leisurely pace. Although a long-time producer of quality Cr-Mo frames, Mongoose has recently been putting energies into their proprietory bonded composite frame technologies, and in the process, is producing some of the lightest frames in the industry.

W e are celebrating the arrival of Fisher and Mongoose bicycles by including a free baseball cap or Team T shirt to the first 20 buyers of each brand. Start off '94 on a new bike from Mountain Bike Specialists.



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